

Blackbird Knob / Cabin Mountain CANAAN VALLEY RESORT STATE PARK

Canaan Valley Resort would like to announce their new hike Blackbird Knob / Cabin Mountain. The event has been planned so that families, groups, and individuals can enjoy outdoor, nature-oriented activities at West Virginia State Parks. This will be a leisurely, casual guided walk. Everyone must stay in a group – no speed walkers, please.

The registration fee includes shuttle service from Canaan Valley Resort State Park to the Red Creek Campgrounds on FS Road #75, then back to Canaan Valley Resort State Park from FS Road # 80 at the boundary of the Wildlife Refuge and National Forest. **We suggest bringing your own food, snacks and water.**

REGISTRATION

A registration fee of \$15 for adults, \$10 for children (ages 6-12) is required to participate. Pre-registration is recommended using the form below or you may register Friday 12:30pm – 8:30pm in the Beech Club, Canaan Valley Resort Main Lodge, or prior to walk on Saturday morning 7am – 9am in the Beech Club, Canaan Valley Resort Main Lodge.

Blackbird Knob / Cabin Mountain

The 5.5 mile walk has good views of open heaths and hills, vegetation is sparse for the most part and consists of laurel, azaleas, rhododendron, stands of red spruce, aspen, service berry, mixed hardwoods, grassy fields, wet areas, dry areas, rocks and sand. The trail is up and down but no long steep sections, some parts are very rocky, wet, muddy, and washed out, but the views are worth the effort. We will start at 10am on Saturday. The average walking time is approximately four – five hours.

(detach here)

Registration Form

(Please Print)

Name _____ Emergency Contact _____ (Name) _____ (Phone) _____

Address _____

City _____ State _____ Zip _____

Please Print Each Participants
Name:

Registration Fee	
Number age 12 and under _____	@ \$10.00 = _____
Number of Adults _____	@ 15.00 = _____
	Total = _____

Refund with seven days notice prior to event.

Make checks payable to **Canaan Valley Resort** and send with form to:
Canaan Valley Resort, 230 Main Lodge Road, Davis, WV 26260.
Attn: David Vance, Recreation Manager

(Waiver must accompany Registration Form)

A shuttle bus will transport walkers from Canaan Valley Resort to the Red Creek Campgrounds at 9:00am Saturday morning and back to Canaan Valley Resort State Park between 3pm and 6pm. The shuttle bus may be boarded at the front of the Main Lodge.

5.5 miles in length, the trail is moderate once you have started there is no way out. Elevation changes are approximately 3887ft. to start and ending at 4000ft . The use of hiking boots is recommended. Some trail sections are wet and/or rough (rocks, roots).

WAIVER AND RELEASE

Blackbird Knob / Cabin Mountain is an outdoor, nature oriented event sponsored by Guest Services d/b/a Canaan Valley Resort. The event includes walks in a variety of settings and of varying distances. Each participant must personally assess his/her own ability and experience level in electing to participate before and during the activities provided as a part of this event.

I, the undersigned, hereby declare that I am voluntarily participating in the above described event and that I make this informed decision based upon assessment that I possess adequate knowledge concerning the details of the event. In consideration of the acceptance of my participation, I acknowledge and accept all the risks involved in an outdoor event of this nature.

I do hereby forever release and discharge the corporate and other sponsors of the event as well as their members, employees, agents, officers, directors, and/or trustees from any and all claims, causes of action, and suits which I, or my heirs or assigns, shall or may have arising from, or as a result of my participation in said event.

Photo Waiver and Release

I authorize Canaan Valley Resort & Conference to use photos, and or other likeness' of myself and or my child or the child for whom I have legal guardianship for any promotional materials regarding Canaan Valley Resort & Conference Center programs, facilities, or services. Such likeness' will not be sold to other parties. Promotional materials bearing these likeness' may be distributed for free to the public and posted on the Canaan Valley Resort & Conference Center website. Canaan Valley Resort & Conference Center reserves the right to use an photo or likeness for a time period beginning when this form is signed and ending upon written request of participant, parent or legal guardian.

Signature Required

(Parent or guardian must sign if participant is under 18. Please print name of minor beside guardian's name)
